

Intensive voice course

Applied Voice Intervention Techniques (AVIT)
hands-on voice therapy

Larnaca, Cyprus, October 4th - 12th, 2017



AVIT is the result of a joint cooperation between Escola Superior de Saúde do Alcoitão (Estoril, Portugal), Interact Lab of TEI Western Greece (Patras, Greece), LingTech Study Development Ltd (Nicosia, Cyprus), University of Modena e Reggio Emilia (Modena, Italy) and VIVES University College (Brugge, Belgium).

The birthplace of Aphrodite, Cyprus, has seduced and inspired generations of travellers. At the sunny beach location of Larnaca, we offer intensive voice training sessions in the fall of 2017:

Applied Voice Intervention Techniques (AVIT).

All training sessions are hands-on voice therapy sessions of selected important voice therapy methods and approaches and are presented by international voice experts in the field. Because of the importance of an individual approach to create a maximum training result for the participants, there is a limit of 16 participants.

Minimum number of participants: 10

Maximum number of participants: 16

Target group: Speech Language Pathologists/Speech Therapists worldwide with specific interests in treatment of voice disorders.

Language: English

Organizing committee:

Voula Georgopoulos - Interact Lab TEI Western Greece, Greece
Isabel Guimarães - Escola Superior de Saúde do Alcoitão, Portugal
Maria Kambanaros - LingTech Study Development Ltd, Cyprus
Elisabetta Losi - University of Modena e Reggio Emilia, Italy
Jo Verstraete - VIVES University College, Belgium

Co-ordinating party: VIVES University College, Brugge, Belgium

Introduction to the Smith Accent Method of Voice Therapy - Theory and practical engagement of the participants.

LECTURERS

Bibi Fex, Ph.D., Speech and Language Pathologist, employed at Lund University since 1961, Sweden. Visiting Lecturer at University of Ain Shams Cairo and Kurume, Japan. Workshops of the Accent Method in Japan, Taiwan, China, Europe and Egypt.

M. Nasser Kotby, Doctoral Degree.

Professor Emeritus of Phoniatrics, Unit of Phoniatrics and Communicative Disorders, Faculty of Medicine, Ain Shams University, Cairo, Egypt.

Published 132 articles and 12 books. One of the books is on: The Accent Method of Voice Therapy, Singular Publishing, San Diego, 1995. President of the Egyptian Society of Phoniatrics and Logopedics (ESPL), established in 1976.

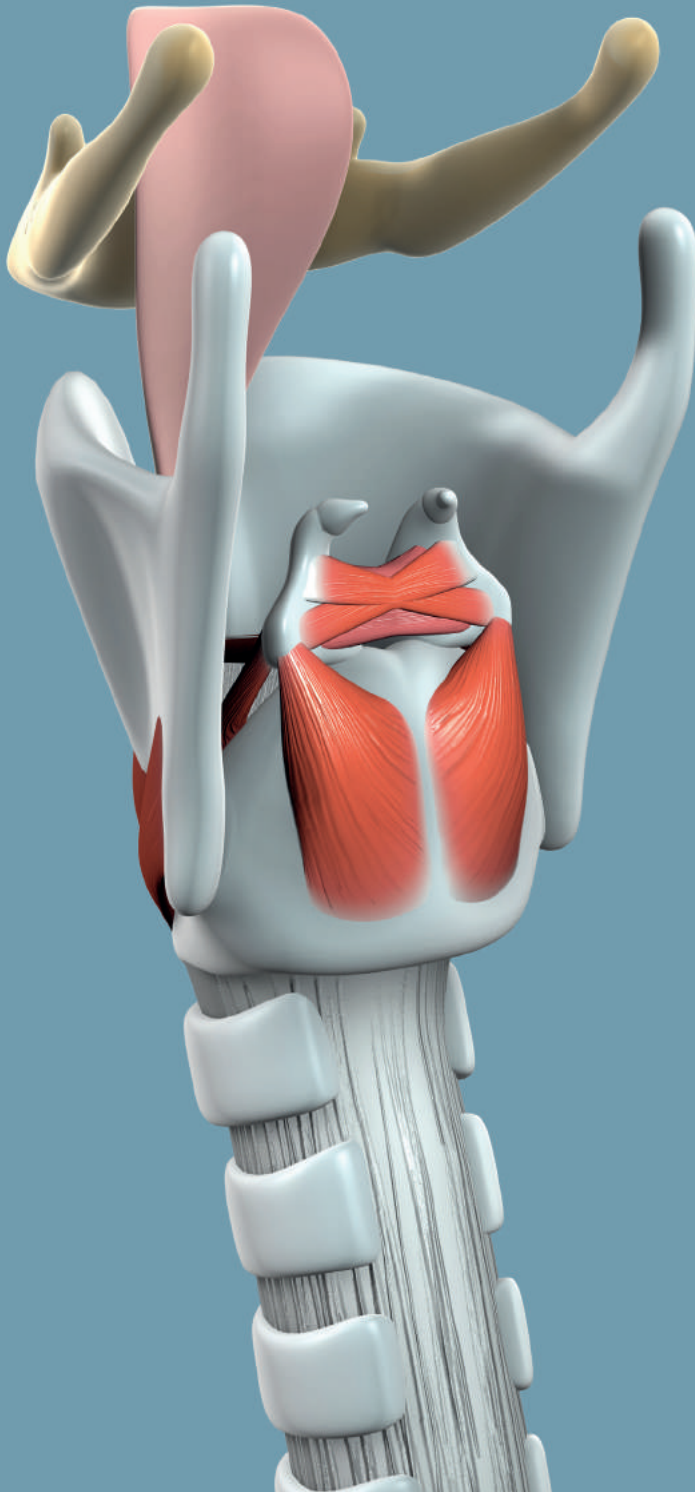
Past President of: International Association of Logopedics and Phoniatrics (IALP). Honorary member of several National and International Societies of Phoniatrics, Logopedics, and ORL. Knighted by HM The King of Sweden.

CONTENT

The scope of Vocology is defined. The place of voice therapy in the management of voice disorders shall be highlighted. The place of the Smith Accent Method (AM) in the field of voice therapy is outlined. This is followed by an attempt at the classification of the categories of voice therapy methods. The pathophysiological bases of the AM are discussed, with reference to its mode of action in correcting the defective/pathological voice production. These rest on: 1) abdomino-diaphragmatic breath support, 2) rhythmic accentuated vowel play, proceeding to connected speech and 3) Body and arm movements. The AM is presented with its goal, basic principles, and exercises. The method has two major goals: (a) delivering/advising voice hygiene advice and (b) correcting the faulty vocal mechanism.

Following a short introduction to the patient/client the exercises of the AM proceeds from the respiratory to the phonatory to the movement exercise. The final goal is to carry over the physiological gains of voice to connected speech in daily life. The AM is a holistic method regarding handling the voice break down and in enhancing the communicative process. The techniques of the AM shall be practiced and applied among the participants. The final part shall be devoted to the demonstration of the clinical outcome of applying the AM, illustrating its efficacy.

TIME SCHEDULE: 08:30 – 18:00



Laryngeal Manipulation

LECTURERS

Loes Selten, speech therapist, private practice Grooten en Selten Stemtherapie, Arnhem, The Netherlands – Specialized in treatment of voice problems. Teaching courses Laryngeal Manipulation in The Netherlands and Belgium.

Katja de Wild, speech therapist, Bernhoven hospital, ENT department, The Netherlands – Specialized in voice problems in association with ENT doctor /phoniatrician. Teaching courses Laryngeal Manipulation in The Netherlands and Belgium.

CONTENT

Laryngeal Manipulation (LM) is a method to reduce hypertension in the human larynx (that is suffering from voice problems) in a direct, fast and effective way. It is an added component within the voice therapy. By using manual techniques, the muscles and structures in and around the larynx, will relax and become more mobile.

The principles of LM can be used both diagnostically and therapeutically. It is also effective by globus sensation and medically unexplained swallowing problems.

This two-day training will teach the participants the diagnostic procedure and the base techniques needed to perform this therapy.

TIME SCHEDULE: 08:30 – 17:30





Nasal Voice Method J. Pahn

LECTURER

Jo Verstraete, SLT, M.Sc., lecturer Speech Therapy Department VIVES University College in Brugge, Belgium. Private clinical practice 'Voice Training and Voice Therapy' in Roeselare, Belgium.

Studied the Nasal Voice Method under professor J. Pahn in Utrecht and Rostock (1996).

Visiting lecturer voice training and voice therapy at University of Oulu (FI), University of Malta (MT), TEI Western Greece (GR) and Seton Hall University (USA).

Over the last 20 years, he has presented numerous courses of the Nasal Voice Method in Belgium and abroad.

CONTENT

The term 'nasal voice method' embraces a German voice training procedure for the therapy of voice disorders and improvement of vocalization. Among the methodical guidelines, such as economical use of the voice function, instrumentality of the voice function, therapy concept, the method comprises seven focal points. Key words of the method are reducing the perilaryngeal tension and to make optimal use of the resonance cavities in order to produce a more relaxing and penetrating sound. As such, the method is ideal for training professional voice users and for treatment of patients with hypertone voice disorders.

During the workshop, the participants will learn to make the specific basic nasal sound in relation to relaxed jaw and tongue movements and to implement this into words, sentences, texts and spontaneous speech.

Special attention will be paid to the overall coordination of the respiratory, perilaryngeal and articulatory muscles in order to produce a resonating sound in balance.

At the end of this one day and a half workshop, participants are able to create a full, relaxed and penetrating sound through cocktail noise.

TIME SCHEDULE

Saturday 09:00 – 17:00

Monday 09:00 – 12:30



Free day – organized day trip in Cyprus

Blessed with the beauty of nature's best palette, the scenery of Cyprus unfolds across glittering coasts, rolling mountains, fragrant forests and rugged headlands.

On Sunday, we offer an organized day trip to enjoy the beauty of the island. A detailed programme for this day trip will be specified on a later date.



Voice therapy techniques and approaches for the treatment of: psychogenic dysphonia, mutational voice disorders, ventricular dysphonia, vocal fold paralysis and transgender speech-voice training.

LECTURER

Jo Verstraete, Belgium

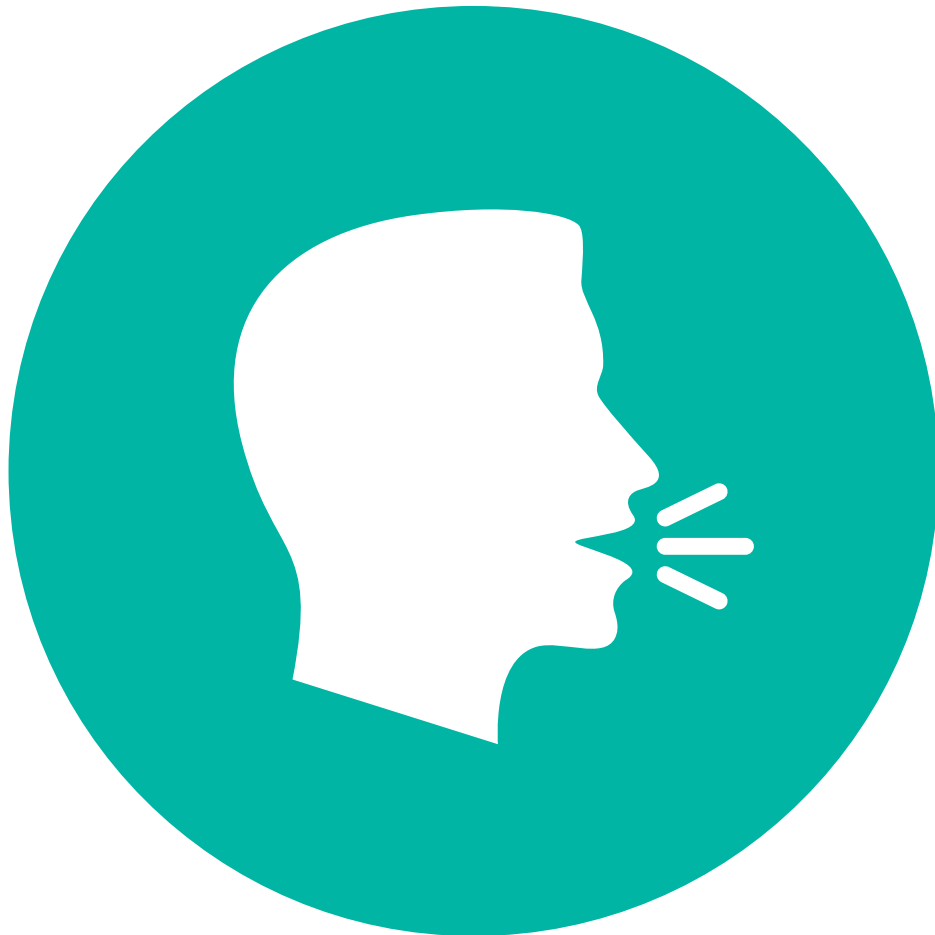
CONTENT

Some voice problems need a specific approach. During this workshop the etiology, symptoms and therapy approaches are presented for the treatment of psychogenic dysphonia, mutational voice disorders, ventricular dysphonia, vocal fold paralysis and transgender speech-voice training.

All therapy approaches will be presented with video and audio material of therapy sessions and the techniques will be demonstrated and trained.

TIME SCHEDULE: 13:30 – 16:30





Coblenger BTP - Breath Timed Phonation, in speech therapeutic practice.

LECTURER

Åse Ørsted, Speech Language Therapist, Denmark. Studied BTP under professor Coblenger, Switzerland. Was certified by professor Coblenger in 1994.

Was employed at The Institute for Speech Disorders in Copenhagen and Glostrup Hospital till his retirement.

Was a lecturer at the Royal Danish School of Educational Studies (1978 - 2000) and at Copenhagen University (1985 - 1995).

Has run educational BTP courses in Denmark every year since 1996 and several courses in Norway, England, New Zealand and Australia. After his retirement he still runs educational courses in Denmark and works with private clients.

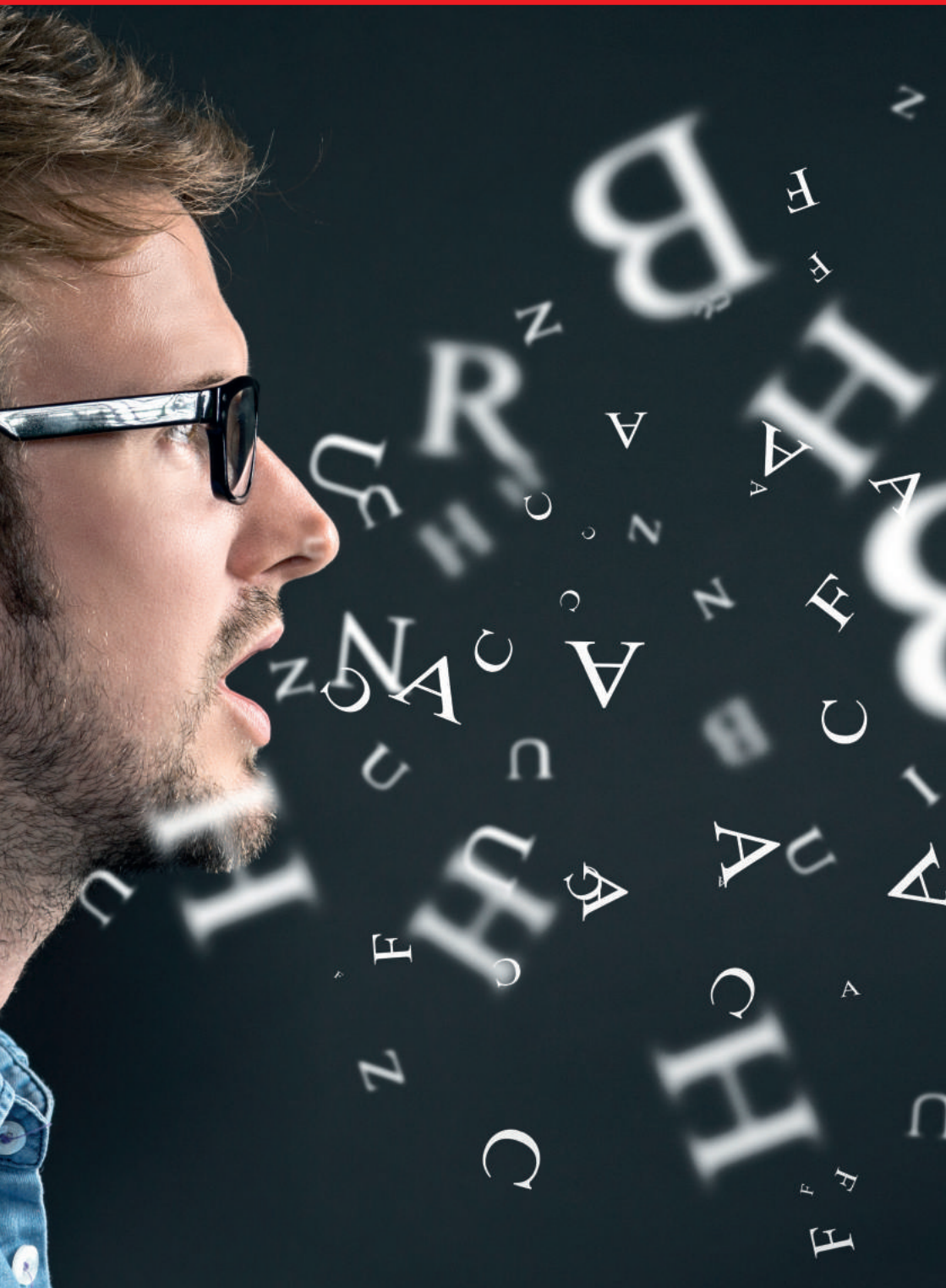
CONTENT

The workshop consists of theory and practical exercises intermixed. On the first day's workshop gross motor exercises will be emphasized to establish well balanced muscle tension of the body, a good phonatory respiration and further overall features of voice and speech.

On the second day more specific exercises of voice and articulation as well as integratory exercises will be performed.

After each series of exercises they will be reviewed, and the participants will get a chance to take notes and capture their own observations.

TIME SCHEDULE: 09:00 – 16:00



Vocal functional therapy

LECTURER

Isabel Guimarães, SLT, Ph. D., Senior lecturer at Escola Superior de Saúde do Alcoitão, Portugal and Senior researcher at the Clinical and Therapeutics Pharmacological Unit, Instituto de Medicina Molecular, Faculdade de Medicina de Lisboa - Portugal.

CONTENT

The participants will be taught exercises to apply the four steps of vocal functional therapy: warm up, stretching, contracting and adductory strengthening exercises.

The participants must demonstrate enhanced proficiency in applying appropriate specific vocal function exercises, in a systematic way following methodological procedures, evaluating and adjusting appropriately transferring and generalizing what was learned to real situations in the future field work.

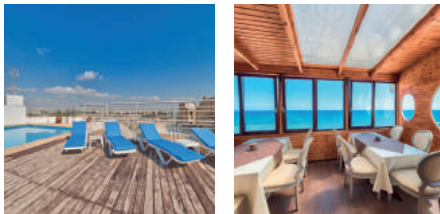
TIME SCHEDULE: 09:00 – 17:30

Practical Information

THE VENUE

Conference room at The Best Western Flamingo Beach Hotel in Larnaca, Cyprus.

Just 5 km from the Larnaca International Airport, The Best Western Flamingo Beach Hotel is a comfortable hotel with a pleasant atmosphere. Its ideal location, overlooking the Mediterranean Sea, the Salt Lake and the Larnaca bay line, make it the perfect address in Cyprus for business travelers and tourist alike.



PRICE

2,400 euro per person

Price includes:

- Full 8 days AVIT programme with all course materials, lunches and coffeebreaks.
- 10 nights in a single room with breakfast at The Best Western Flamingo Beach Hotel, Larnaca, Cyprus. People wishing to get a double room can contact the organization to arrange as such (with possible financial supplement).
- Return private taxi transfer from Larnaca airport to hotel.
- Organized day trip on Sunday.

Not included: flights, dinners and personal expenses

COURSE PREPARATION AND CERTIFICATE

Participants will receive in advance some preparatory literature about the course content. At the end of each course, there will be a multiple choice assessment. Participants who have completed the AVIT-course and underwent the assessment successfully, will receive a certificate from the organizing committee.

REGISTRATION AND SUBSCRIPTION

Registration and subscription can be done through the website **www.vives.be/avit** of the co-ordinating party VIVES University College.

It is **not** possible to register **for only a part** of the AVIT-course.

The AVIT-course participants pay the participation fee of 2,400 Euro **before** the final registration date of **June 25th, 2017** to the co-ordinating party VIVES University College, Belgium. **Only when the participation fee is fully paid by the participant, the registration is complete.** In case the maximum amount (= 16) of participants is exceeded, the rank of payment will determine the subscription.

CANCELLATION POLICY:

The AVIT-course can be cancelled free of charge by the co-ordinating party VIVES if the minimum number of participants (= 10) is not reached before June 25th, 2017. For this reason the organization strongly advises participants not to book their flights before the AVIT-course is guaranteed (shortly after June 25th, 2017). In this case, all registered participants will receive a cancellation e-mail from the co-ordinating party VIVES University College.

In case of a possible cancellation of the AVIT-course due to insufficient participants, the received registration fees, as the case may be, shall be reimbursed by the co-ordinating party VIVES University College to the participants within 20 days after June 25th, 2017.

No refund is possible in case of cancellation of the participant after the final registration date of June 25th, 2017. The cancelling participant is always entitled to find a replacement.

CONTACT DETAILS

In case of further questions, please contact the representative of the co-ordinating party VIVES University College: Jo Verstraete, **jo.verstraete@vives.be**.

